

- Whole year Organized volunteers to visit hospitals or discharged patients twice a month for three days each time. In addition to visiting patients during the day, hospital staff care work, visits or activities are held in the evening.
- Whole year Volunteers from different organizations were arranged to provide service at nursing homes and hospitals in Foshan area. They led birthday parties and conducted various activities to enhance the mental, physical, social, and spiritual well-being of the elderly. The activity lasted for a total of 24 days and involved 12 groups and 214 volunteers.



- Sep-Dec Due to social incidents, all activities were suspended for the safety of volunteers.
- 16-19 Aug Arranged 7 secondary school students to go to Foshan area to conduct cultural exchange activities with 7 local students.



**梦想启航**

日期：8月16日至19日

对象：中学生社区义工

时间：

- 8月16日(五) <下午2时至晚上8时>
- 8月17日(六) <上午9时至晚上8时>
- 8月18日(日) <下午2时至晚上8时>
- 8月19日(一) <上午8时至下午2时>

费用：¥100(含3个晚餐和2个午餐)

报名查询：李姑娘

内容

两地学生分享升学心得、生活交流，合作服务长者，分享个人梦想，增进友谊，达致互相鼓励。

中、港两地中学生交流活动

梦想 奋斗 青春

20-21 Jul After leading a birthday party at a nursing home, 13 volunteers organized a half-day outing for the children of the nursing home staff the following day.



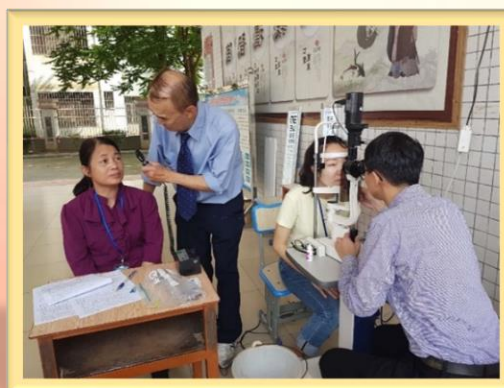
15-16 Jun Six volunteers were arranged to lead a Father's Day activity at a nursing home. The following day, they hosted a session called "Chatting and Sharing - Father Figures in Good Books."



11 May Twenty-one volunteers conducted a free medical consultation in Shunde. In the afternoon, there were also lectures, including "Common Women's Health Issues," "Healthy Eyes for a Lifetime," and "Improving Quality of Life."



1-6 May We arranged for one doctor to visit a hospital in the Foshan area and to conduct ophthalmic consultations.








13-14 Apr Arranged for two doctors to give a sharing session on "Dementia – Understanding and Caring for People with Dementia" for staff of an elderly home in Foshan.

MONTESSORI BASICS



联系 激励 感谢

- **联系** 我们将我们的活动与每个人的生活经历和他们现有的能力联系起来，使得能他们渴望在他们周围的世界可以参与其中
- **激励** 我们都受到我们喜欢的活动所激励。我们的活动是根据每个人的兴趣和能力量身定制的。因为我们知道每个人都不一样
- **感谢** 我们感谢是因为可以邀请院友参与又给予选他们深思熟虑的方法是鼓励自主性，及在培养环境下的自由

我们的目标是让我们的院友有自信，在他们的生活中创造意义和目的。每个人都愿意付出，同样我们的院友仍然可以有很多贡献的地方。



9-10 Mar Sixteen volunteers, along with local volunteers, went to the Foshan area to organize indoor table games and outdoor activities for a nursing home.

2-3 Mar Twelve volunteers, along with staff in a hospital, were arranged to provide medical consultation services in Chuántián Village. The services included blood pressure measurement, blood glucose and hemoglobin testing. For villagers suffering pain, guidance on self-massage was provided. Additionally, two professional photographers captured photos of the villagers, and the volunteers led children in playing group games.

